

**Lower your
risk of
stroke and
thrombosis**



900 250 255
geneticaqs@quironsalud.es
quironsalud.es/genetica

 **quirónsalud**
genética

Genetic test for thrombotic-disease prevention

Who is it for?

Recommended for everyone with a **family history** of thrombosis and those who have already had a venous thrombosis. This test is also suitable for **pregnant women** and women who have had **repeated miscarriages**; women planning to start taking contraceptive or another **hormone treatment**; and people with **obesity, diabetes, lupus, or a viral infection**.

What does it involve?

This test screens for 15 variants in 11 genes responsible for different coagulation factors.

1. All we need is a **simple blood test**.
2. You'll have your test results in **just 2 weeks**.

Why is it advisable to have this test done?

70% of people who are prone to blood clots are unaware that they are at risk. **This genetic test determines an individual's risk of developing thrombosis or stroke so they may take the appropriate preventive measures**, which may involve drug therapy or limiting their exposure to risk factors. Indeed, women with a history of repeated miscarriages can considerably reduce their risk of having another.

The European Medicines Agency recommends having this test before starting to take contraceptive pills, as going on the pill can cause stroke in people at risk.

This test is outsourced to an external laboratory, which will assume liability over the test results and the information on these results given to patients.



Quirónsalud Patient Portal

Access test results and manage your appointments at quironsalud.es or by downloading our app.

Quirónsalud, health person by person.

Over 100 hospitals, institutes, and other care facilities devoted to your health in 13 regions in Spain: Andalusia | Aragon | Balearic Islands | Canary Islands | Castile-La Mancha | Catalonia | Valencia | Extremadura | Galicia | Madrid | Murcia | Navarre | Basque Country