

**Find out
your chances
of having
diabetes in
the future**



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genética

Genetic testing for type 2 diabetes prevention

Who is it for?

Our experts recommend the test especially for people with a **family history of diabetes**, people with **high blood sugar in the past**, **obese** individuals, **hypertensive people**, and those with **high cholesterol**. The test is also beneficial for women who have had gestational diabetes or **have had children who weighed more than 4 kg at birth**.

What does it involve?

This test analyzes 16 genes that may predispose people to type 2 diabetes.

1. All we need is a **simple blood test**.
2. **You'll have your test results in just 2 weeks**.

Why is it advisable to have this test done?

It is estimated that up to 50% of the people with the disease are currently undiagnosed. If a person is found to be prone to developing the disease, detection may make it possible to avert complications and start the patient on the most effective treatment available. Early detection is key, as diabetes affects the kidneys, our ability to see, and our heart and nervous system.

This test is outsourced to an external laboratory, which will assume liability over the test results and the information on these results given to patients.



Quirónsalud Patient Portal

Access test results and manage your appointments at quironsalud.es or by downloading our app.

Quirónsalud, health person by person.

Over 100 hospitals, institutes, and other care facilities devoted to your health in 13 regions in Spain: Andalusia | Aragon | Balearic Islands | Canary Islands | Castile-La Mancha | Catalonia | Valencia | Extremadura | Galicia | Madrid | Murcia | Navarre | Basque Country