



## Nephrology





# quirónsalud

# Nephrology

The Nephrology and Hypertension Unit deals with non-surgical kidney diseases and with blood pressure. The professionals of the Nephrology Unit of Quirónsalud Marbella Hospital have vast experience in this speciality which, together with the latest drug technologies and equipment, helps them prevent and correct potential system unbalance and provide better recovery to patients.

Due to the close connection between kidney conditions and the function of other vital organs, the specialists of the Nephrology team apply a multidisciplinary approach and work with the Cardiology, Endocrinology, Digestive System and Urology Units, amongst others.

Quirónsalud Marbella Hospital is the only private establishment in the area to be equipped with a Dialysis Unit provided with 20 stations in a facility situated in an adjacent building as an independent healthcare circuit.

Due to our background in providing services to international patients, this Haemodialysis Unit has a team of interpreters for overseas patients providing various languages that guarantee a personalised service regardless of the country of origin.

#### Medical Areas:

- Hydroelectrolytic disorders
- Acute and chronical renal failure
- Renal replacement therapy
- Glomerular diseases
- Tubulointerstitial nephritis





- Renal disease relating to metabolic and systemic disorders
- Hereditary renal disease
- Urinary tract infections
- Renal lithiasis
- High blood pressure





## Dr Marañés Antoñanzas Head of the Nephrology Unit

Languages:

Spanish, English.

Doctor Alberto Marañes Altonanzas is a reputed Nephrologist with nearly three decades of professional experience. In 2023 Dr Marañés was included in the ranking of the best doctors in his speciality in Spain.

With a Degree in Medicine and Surgery obtained at the Universidad Complutense in Madrid, he completed his studies in Nephrology as a Resident Doctor at the Clínico Universitario San Carlos Hospital in Madrid where he completed his studies with Doctorate courses in Endocrinology.

Troughout his trajectory, Dr Marañés has carried out extensive work relating to his subject of interest, i.e., renal diseases associated to diabetic patients, and has taken part in the pancreatic islets transplant programme of patients with renal transplants.

He is the author of numerous national and international medicalscientific publications.



### **Professional Experience:**

- 2006 Currently: Head of the Nephrology and Haemodialysis Unit of the Quirónsalud Marbella Hospital.
- 1996 2006: Medical Consultant of the Nephrology and Haemodialysis Unit of the Costa del Sol de Marbella Hospital from December 1996 to June 2006.
- 2004 2006: President of the Commission of Pharmacists and Therapists from 2004 to 2006.
- 1996: Nephrology Unit of the Getafe University Hospital.
- 1995-1996: Medical Consultant of the Nephrology Unit of the Virgen de la Luz Hospital in Cuenca.
- 1995 1996: Head of the Madrid-Oeste Dialysis Centre ascribed to the San Carlos University Hospital.

### Research

- FIS Research Project (record: 93/0029-02) on the «Study of the effects of human pancreatic islets in Type I Diabetes patients".
- MAR Project, Morbidity and Mortality Anaemia Renal studies. Descriptive, prospective, multicentred and open study on case series. 2003-2004
- Nefrona Project: Observational, prospective and multicentred study on cardiovascular morbidity and mortality in patients at different stages of chronic renal disease.
- Department of Pathology. University of Edinburgh. United Kingdom, 1987.





# **Quirónsalud** With thanks

